

15/06/21

Dear Parents,

We have been made aware of members of our school community who have tested positive for COVID 19 in school. Currently this is affecting 4Y, 6M and 6JR.

This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The children who have been in close contact with the individual/s who have tested positive for coronavirus (COVID-19) have received a letter informing them that their child must stay at home for 10 days.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work or visit public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

We are still following the advice and guidance on lower level symptoms from the Blackpool Director of Public Health, therefore if your child develops any of the following symptoms they must stay at home until their symptoms have gone.

- sore throat
- headache
- tiredness
- vomiting and diarrhoea (must stay at home for 48 hours)
- aches and pains

Lateral flow tests are available for all families which can be ordered to have in your home through <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> or they can be collected from many local chemists – please click here to access your nearest collection point <https://maps.test-and-trace.nhs.uk>

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/> including where to get a Covid vaccination.

Yours sincerely

C N England/S J Murphy
Co - Headteachers